

This is the TIME...

Coming Clean

*"Happy are the pure in heart." **Matthew 5:8***

*"What happiness for those whose guilt has been forgiven. What relief for those who have confessed their sins and God has cleaned their record." --**Psalm 32:1-2***

Why deal with my guilt?

- I'll gain **CONFIDENCE**
- My **RELATIONSHIPS** will improve.
- I'll have a better **FUTURE**

How to remove guilt:

- Clean your **CLOSET**

*"Let us examine our ways." ---**Lamentations 3:40***

*"Search me O God; and know my heart. Test my thoughts, point out anything YOU find in me that makes YOU sad." --**Psalm 139:23-24***

- Stop the **BLAME—DENY—AVOID** game.

*"The Lord gave us a mind and conscience. We cannot hide from ourselves."
—**Proverbs 20:27***

Hang ups are ME! The pain is my fault. I am the problem.

- Let God do the **DEEP CLEANING**.

*"If we freely admit that we have sinned, we find God utterly reliable. He forgives our sin and makes us thoroughly clean from all that is evil." --**I John 1:9***

*"No matter how deep the stain of your sin is, I can take it out and make it clean as freshly fallen snow." ---**Isaiah 1:18***

- Tell a **CHRISTIAN FRIEND**

*"Admit your faults to one another and pray to each other so that you may be healed."—**James 5:16***

God says, "Revealing your **FEELINGS** is the beginning of **HEALING.**"

- Accept God's **FORGIVENESS**

*"All of us have sinned."----**Romans 3:23***

In the face and the forgiveness of Jesus, you will discover the **PERMISSION** to become the kind of person you could have been had you never, ever sinned.

GUILT IS REMOVED and a BRAND NEW LIFE IS YOURS TO LIVE!

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