

This is the TIME...

What is Unhealthy in Your Life?

LETTING GO AND LETTING GOD (Surrender—Submitting--Know who God is)

"God blesses those people who are meek." –Matthew 5:5

"The meek shall be satisfied." –Psalm 22:26

"The meek He will guide and teach. ---Psalm 25:9

"The meek become wise." –Proverbs 11:2

"The meek will be filled with fresh joy." –Isaiah 19:19

MEEKNESS IS STRENGTH UNDER CONTROL

- **M** Make Jesus MANAGER of my life.

"Stop quarreling with God! If you agree with Him, you will have peace at last, and things will go well for you." –Job 22:21

Jesus said, "Anyone who intends to come with Me has to let Me lead. You're not in the driver's seat." –Matthew 16:24

"Give yourself to the Lord; trust in Him and He will help you." –Psalm 27:5

- **E** Establish God's Word AS THE AUTHORITY.

"Place yourselves under God's authority." –James 4:7

"All scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It straightens us out and teaches us to do what is right."

–II Timothy 3:16

"I have made up my mind to obey Your laws forever, no matter what." –Psalm 119:112

"I will never lay aside Your laws, for You have used them to restore my joy and health."

---Psalm 119:93

- **E** Embrace God's spirit AS THE POWER for my life.

"I will put My Spirit in you and enable you to live by My laws." –Ezekiel 36:27

"Anyone who tries to live by his own effort, independent of God, is doomed to failure."

–Galatians 3:10

"You began your life in Christ by the Spirit. Now are you trying to make it complete by your own power? That is foolish!" –Galatians 3:3

"I have the strength to face all conditions by the power that Christ gives me." –Philippians 4:13

- **K** Keep Jesus THE FOCUS of my life.

"We must keep our eyes on Jesus, who leads us and makes our faith complete.--Hebrews 12:2

"If I keep my eyes on God, I won't trip over my own feet." –Psalm 25:15

"Listen for God's voice in everything you do, everywhere you go; He's the one who will keep you on track." ---Proverbs 3:6

STEP 3: Consciously choose to commit all my life and will to Christ's care and control.

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